



Julio Nunez

Committee 2025 - 2026

Chairman:	David Barnett.
Vice Chairman:	Rena Souten.
Membership:	Jenny Bagworth.
Groups:	Rose Cuthbertson.
Treasurer:	Andrea Goodall.
Website and IT:	Roy Biggs.
Business Secretary:	Helen Wilberforce.
Committee member:	Keith Wilberforce.
Committee member:	Sally Hedges
Committee member:	Judy Gibbons.
Committee member:	Geraint Johnes.
Committee member:	Janet Watson.
Committee member:	Janet Potter.
Co-opted committee member:	Debbie Rogerson.
Speaker Finder:	Peter Robertshaw.

Email: enquiries@holmevalleyu3a.org.uk

Website: <https://holmevalley.u3asite.uk/>

YAHR: <https://yahru3a.uk/contact-us-form/>

Facebook : for members only: Holme Valley U3A

<https://www.facebook.com/groups/434128977300240>

Holme Valley U3A is a registered charity and part of the Third Age Trust.

Membership Survey

We surveyed our membership in Autumn 2025. The results of this survey are on our website. https://holmevalley.u3asite.uk/wp-content/uploads/2026/02/u3a_member_survey_report.pdf

Yorkshire u3a Groups

Details of all the u3a groups in Yorkshire are available on the Yorkshire and Humber Region website; here

<https://yahru3a.uk/>

There are also details of forthcoming events such as the YAHR Summer school and Festival 26 which will be held in York from the 1st to 3rd of July.

u3a Yorkshire and Humber Region Registered Charity Number 27998

Summer School

24th to 27th August 2026
The Hawklands, Easingwold, YO81 3EG

The aims of our Summer School
*Provide members with new learning opportunities
Enable members to explore a topic their local u3a may not be able to offer
Enable delegates to share time out with other members from across the region and beyond*

In 2025 we had delegates from ten of the twelve u3a regions and nations, with feedback such as
"An excellent summer school as always!" "A wonderful venue - we were so well looked after"
"The courses, food, and company were all first-class"

The Hawklands is again the venue for our 2026 Summer School
You can read about this superb venue here <https://thehawklands.com/>

The courses to choose from

Britain through Literature, Art, Poetry and Speeches of the 1960s	Conversational Spanish
Crime Fiction from Sherlock to Vera	The Changing English Language
Drama - Intermediate Improvised Drama	Making Sense of Everyday Mathematics
Fungi and Lichens	Outdoor Painting and Sketching
An Introduction to Practical Geology	Stained Glass in English Churches Art, Science and Symbolism

Costs for our three-night residential Summer School:
Full Board Delegate £495pp
Day Delegate £285pp (inclusive of lunches and dinners)

For more information, including course details and the booking form, go to <https://yahru3a.uk/summer-school/>

We look forward to seeing you

Safeguarding in Holme Valley u3a

It is important that everyone has a clear understanding of what safeguarding is.

This article aims to clarify what safeguarding entails and the risks and responsibilities involved.

‘Safeguarding’ refers to the individual actions and measures put in place to protect the health, well-being and human rights of individuals, especially the vulnerable. It ensures that we are all safe from abuse, neglect and harm.

The particular risks covered by safeguarding are as follows:

Abuse – physical, emotional, sexual or financial.

Neglect – lack of care or support either by the person themselves or an unintended result of the u3a activity.

Bullying – harassment, intimidation, abusive comments.

Exploitation – taking advantage of individuals for personal gain.

Signs of these might become apparent as part of informal conversations between members, possibly expressed within the group or to the Group Leader.

For example:

A male u3a member of a group appears to be paying a great deal of attention to a female member who seems uneasy about this.

A group member is struggling physically to keep up, e.g. on a walk or a day trip.

A group member appears not to be caring for themselves as they once did.

Responsibilities:

All members of the u3a have a responsibility to be vigilant and respectful towards others. Where a concern arises, it should be reported to the Group Leader or a committee member.

Group Leaders should ensure a safe, respectful environment and be alert for signs of abuse or neglect. Training can be available. They should raise any concerns that arise (and they do) with a committee member or our Safeguarding Lead, Keith Wilberforce (johnkeithwilberforce@gmail.com)

Committee members must establish a Safeguarding Policy and ensure that it is updated and implemented. They should provide training for members and Group Leaders.

This should ensure the safety and wellbeing of all members and create a secure environment for our activities. Let's all commit to promoting safeguarding in all our activities and look out for one another.

Keith Wilberforce

Holme Valley u3a website.

This is the address of our website <https://holmevalley.u3asite.uk/>

You should be able to find all the information you need about our group there. If there is something missing, please email me at rena.souten@holmevalleyu3a.org.uk

Dates for your Diary 2026

**These meetings will be held at 10.00am at the Civic in Holmfirth.
Huddersfield Road, HD9 3AS.**

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| 10 March 2026 | Jason McCartney
Life in and out of politics. |
| 14 April 2026 | Joanne Aston
The Mitford Men. |
| 12 May 2026 | Omar Mamoun
Plastic Surgery/Syrian Historical Site. |
| 9 June 2025 | Eileen Marchant
28 years on the Bench. |
| 14 July 2026 | Mark Braithwaite
A notorious Teesside Murder. |
| 11 August 2026 | Sandra Barber
Me and my camera. |
| 8 September 2026 | Carol Tetlow
Stethoscope Secrets. |
| 13 October 2026 | Christine Green
Playing with knives- Paper cutting. |
| 10 November 2026 | Mary Holmes
Elizabeth, feisty feminist. |
| 8 December 2026 | Holme Valley u3a Guitar Group and Ukelele Group.
Christmas Meeting. |